



# Mammography overview

Mammography helps you fight breast diseases through early detection. Often, a mammogram helps detect abnormalities in the breast before you can feel them. Our advanced equipment enhances the ability to detect cancer by offering high-quality images.

## Screening mammography

A screening mammogram is an annual exam used to screen for breast cancer in women who are not experiencing symptoms or are following up on a previous breast concern. The American College of Radiology and the American Society of Breast Surgeons recommend women begin their annual breast cancer screenings at age 40.

## Diagnostic mammography

A diagnostic mammogram captures targeted images of individual areas in the breast tissue that warrant additional examination. These areas have been evaluated either by your physician or by prior breast imaging.

## 3D mammograms (tomosynthesis)

3D mammography is a revolutionary tool that can be applied to your screening or diagnostic mammogram. When 3D is part of your mammogram, the X-ray arm sweeps in a slight arc, taking multiple breast images. These images allow the radiologist to look at your breast in 1-millimeter slices, providing greater visibility of the fine details of your breast tissue layers.

## What to expect at your mammogram

During all mammography exams, your technologist will position you to image the breast from different angles and compress the breast with a paddle.

## Ready to care for you

If you have a breast health condition, our team offers complete care that's tailored to fit your needs. No matter the diagnosis, we're ready to help you get back to Better.



Schedule your mammogram  
[BSWHealth.com/BreastImaging](https://BSWHealth.com/BreastImaging)

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